



# SENIOR COMMUNICATOR

Non Profit Organization

Idaho Falls Senior Citizens Activity Center  
535 West 21st Street We are a daily  
center for ACTIVE seniors.

*Our Meals on Wheels program  
prepares/delivers over 66,000  
meals yearly. We are NOT an  
assisted living center.*

Hours of operation  
Monday through Friday  
10am-2pm  
Closed some holidays

Telephone: (208) 522-4357  
Website: ifscce.org  
Circulation: 750



OUR  
SOCIAL  
MEDIA

WEBSITE



FACEBOOK



2024  
October

We reserve the right  
to make mistakes  
occasionally

**New Members: Gary & Margaret Denton, Mark Moore, Daniel & Sherrill Nash, Larry, VanDerPlaff, Alex & Josette Laguanique, Ranae Reyes, Joyce Field, Judy DeRoche, Ann Fulkerson, Larry Garant, Stanley Cleverley, Arlyn & Eunice Batalden, Mary Krull, Brad Schwendiman, Danny Evans.**

AND FOR ALL OUR NEW MEMBERS... Please don't be a passive member! Get involved...Join in the daily activities. In most cases the daily activities are not created by the Center Management, they were created by members who asked "Can we do this?" Management is concerned with activities only in a support position. Please join us on any Wednesday morning at 10 AM for Wednesday Morning Coffee Break and . . . .

**NEW MEMBER GET-ACQUAINTED ! STAY FOR \* BINGO AT 10 am IF YOU WOULD LIKE**

**Thank You to all of our Volunteers**

Senior Hours	126.03
Non-Senior Hour	338.17
Board Member Hour	40.22
Work Detail Hours	0.00
<hr/>	
—Total Hours	504.42

We would like to thank the Board Members, Non-Seniors and ALL the seniors who keep the SCCC going by keeping all of our activities and programs running. Warm Wishes To You All!

**Eastern Idaho Area Agency on Aging: Senior Medicare Patrol**

The Senior Medicare Patrol (SMP) program, under the Eastern Idaho Area Agency on Aging, helps Medicare and Medicaid beneficiaries avoid, detect, and prevent health care fraud, errors and abuse. SMP trained staff and volunteers provide free counseling and education to the community. Remember to protect your Medicare card and only share your Medicare number with your trusted healthcare provider. Check your statements and bills for inaccuracies such as services you didn't receive, double billing, or services not ordered by your doctor. If you ever have questions about your Medicare Summary Notice or other healthcare statements or bills, give us a call and our trained counselors can help. (208) 522-5391

**Thank You!**

**Monthly Supporters**

- \* United Way*
- City Of Idaho Falls \* Medicaid,*
- Eastern Idaho Community Action Partnership*
- Community Food Basket*
- Panera Bread ,Humanitarian Center*

**Thank You!**

**THANKS TO THE MEMBERS WHO HELP US RELIEVE THE PAIN OF THE ECONOMY:**

- \$ 0 - \$ 99– Anonymous**
- Sponser a Senior Meal Tree**
- \$100 - \$250–**
- \$300—\$700 - Arlene & David Sargis**
- Charles Swab**
- \$800-\$4,000–**
- Misc.**

**Thank You!**

**Many thanks to the following entities for their recent grants and donations!**

- Pacific Source Grants**
- United Way**
- Citizen's Community Bank**
- Sponsor A Senior's Meal Tree- \$250– July**
- Anonymous Donations of bread**



*We want to say thanks to our  
VOLUNTEER DRIVERS  
for the Meals on Wheels program.*

3

*We appreciate so much the way you have opened your hearts to help our seniors and disabled adults. Your willingness to give of your time has enabled us to deliver our meals quicker, more timely and helps make sure that we don't have a wait list. You are a blessing to all.*

*Dave Nobles, Claude Eberle,  
Steve Stowell, Johannah Thompson, Marla Morgan, Tasha Call, Jeffrey Socher,  
Maira Solle, Jordan Homer, Murmy Cotto, Synergy, Christine M,  
Hal & Deb Tobin, Don Yeager, Roger Kuhl, David Archer, Robert Pearce,  
Kathy Failor, Chris Waddoups, Melissa Knight, Gerald Ondricek, Rick Dale*

# NEVER MISS OUR NEWSLETTER!

**SUBSCRIBE**

Have our newsletter  
emailed to you.



VISIT [WWW.MYCOMMUNITYONLINE.COM](http://WWW.MYCOMMUNITYONLINE.COM)







## Auctioning off this Halloween Blanket



Drawing Date: October 14<sup>th</sup>, 2024

Tickets: \$3.00 a piece and 2 for \$5.00

Thank you!

Idaho Falls Senior Center



# WHEN IT COMES TO MEDICARE YOU HAVE CHOICES.

Let me  
help you

find a plan to fit your health care needs.

## Are you or a loved one enrolling in Medicare this year?

Are you thinking about retiring?

No matter your situation, I can help you get answers to your Medicare plan questions at a neighborhood meeting.

October 16, 2024, 10:00 AM-11:00 AM	October 23, 2024, 10:00 AM-11:00 AM	October 30, 2024, 10:00 AM-11:00 AM
Senior Citizens Center	Senior Citizens Center	Senior Citizens Center
535 W 21st St	535 W 21st St	535 W 21st St
Idaho Falls, ID 83402	Idaho Falls, ID 83402	Idaho Falls, ID 83402

October 18, 2024, 10:00 AM-11:00 AM	October 25, 2024, 10:00 AM-11:00 AM	November 6, 2024, 10:00 AM-11:00 AM
Senior Citizens Center	Senior Citizens Center	Senior Citizens Center
535 W 21st St	535 W 21st St	535 W 21st St
Idaho Falls, ID 83402	Idaho Falls, ID 83402	Idaho Falls, ID 83402

## Contact me to RSVP for a meeting or get more Medicare plan information.

As your independent health care resource, I can offer you Medicare plans from several private insurance companies. I would be happy to talk with you over the phone or in person.

Trevor Bangerter  
Licensed Sales Agent  
**(208)557-1819, TTY 711**  
trevor@planright-insure.com  
planright-insure.com

part  
A

**Hospital  
Stays**

part  
B

**Provider  
Visits**

part  
C

**Medicare  
Advantage**

part  
D

**Prescription  
Drugs**



## Chili-ghetti



### Ingredients

7 ounces Spaghetti  
1 pound ground beef  
1 small onion (chopped)  
16 ounces Kidney Beans  
(rinsed and drained)  
14 1/2 ounces tomatoes  
(no-salt-added diced,  
undrained)  
4 ounces mushroom stems  
& pieces (drained)  
1/3 cup water  
1 envelope chili seasoning  
2 tbsp parmesan cheese  
1/4 cup part-skim  
mozzarella cheese  
(shredded)

### Directions

1. Cook spaghetti according to package directions. Meanwhile, in a large skillet, cook beef and onion over medium heat until meat is no longer pink; crumble beef; drain.
2. Drain spaghetti; add to beef mixture. Stir in the beans, tomatoes, mushrooms, water, chili seasoning and Parmesan cheese. Cover and simmer for 10 minutes. Sprinkle with mozzarella cheese.

### Nutrition Facts (per serving)

1-1/4 cups: 374 calories, 11g fat (4g saturated fat), 51mg cholesterol, 706mg sodium, 43g carbohydrate (6g fiber), 25 g protein.

## Trivia (Answers on page 12)

1. What year did Disneyland open?
2. What famous explorer climbed Mt Everest in 1953?
3. Which president of U.S. was in office 1953-1961?
4. Which game show debut in 1956 - is still going?
5. Which famous baseball player married Marilyn Monroe in 1954?

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**LOCALLY**



**SUPPORT OUR ADVERTISERS!**



**Join the Idaho Falls Senior Center for our  
4<sup>th</sup> Annual Pancake Breakfast and Silent  
Auction**

**When:** Saturday November 23<sup>rd</sup>, 2024

**Time:** 9am to 11am

**Location:** 535 W 21<sup>st</sup> Street, Idaho Falls ID  
83401

**Cost:** \$12 a plate- Kids 5 and under free

**RSVP:** 208)522-4357

### **Eastern Idaho Area Agency on Aging**

Your local Area Agency on Aging (a division of Eastern Idaho Community Action Partnership—EICAP) is an essential resource in the community, working to maintain the independence and dignity of Eastern Idaho's seniors and caregivers. We do this by connecting seniors with services and community resources. We are a non-profit that receives federal, state, and local funds to run our programs. Area Agency on Aging offers several types of services and support for senior and caregivers including home and community-based services, supportive services, and advocacy programs. Many of our services are at a no-cost or low-cost for consumers. It's easy to get help. Give us a call us at (208) 522-5391.





**BRAD LITTLE**  
Governor

**PATRICIA R. PERKINS**  
Director

Contact: Kellie Davis  
Program Specialist  
Education Outreach  
Idaho Department of Finance  
(208) 332-8000



## NEWS RELEASE

**FOR IMMEDIATE RELEASE**

September 5, 2024

### **IDOF Announces 2024 Fraud and Senior Financial Exploitation Prevention Roadshow**

**Boise, Idaho-** The Idaho Department of Finance (IDOF) is excited to announce the return of the **Fraud and Senior Financial Exploitation Prevention Roadshow**. The roadshow events will provide education to Idaho seniors, adult family members, and caregivers who provide support to seniors and vulnerable adults through a series of **free presentations open to the public**. Along with IDOF, **AARP Idaho**, and the **Idaho Commission on Aging- Adult Protective Services** will share information and resources to help Idahoans prevent, identify, and report financial crimes and abuse, and provide updates to state level efforts underway to combat this activity. A meet and greet will follow each presentation. **Light refreshments, gifts and door-raffle prizes will be available. Registration is strongly encouraged and can be completed online at <https://www.eventbrite.com/cc/fraud-and-senior-financial-exploitation-prevention-3398219>**

"We are excited to interact with Idahoans around the state again this year to educate and provide crucial information, tools and resources to keep themselves and their loved ones safe from falling victim to fraud and senior financial exploitation. The roadshow will allow us to reach more Idahoans across the state and ensure we are doing our due diligence to keep people safe," said Patricia Perkins, Director of the Idaho Department of Finance.

"Arming Idahoans with the information they require to identify, respond, and report financial crime is essential to safeguarding Idaho's senior community from the harms of fraud and financial exploitation. The IDOF Roadshow will provide seniors with the information they need to better protect their money and financial assets from bad actors, and we are thankful for our collaborative partners in this effort," said John Yaros, Securities Bureau Chief of the Idaho Department of Finance.

**The Roadshow event schedule is as follows:**

- **Thursday, October 3, 2024, 12-1:30 p.m. Lewiston, Steelhead Room: Lewiston Community Center**
- **Tuesday, October 22, 2024, 3-4:30 p.m. Pocatello, Council Chambers: Pocatello Mayor's Office**
- **Thursday, October 24, 2024, 10-11:30 a.m. Meridian, Meridian Senior Center**
- **Thursday, November 7, 2024, 1-2:30 p.m. Ketchum, The Community Library**

October

2024



HAPPY HALLOWEEN



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	
		Chicken & Broccoli Over Pasta Pineapple Onions	Pancakes & Sausage Links Eggs Mandarin Oranges Fajita Blend No Bake Cookies	Turkey Stir Fry Apple Sauce Stir Fry Veggies Brown Rice Chocolate Cake	Beef Stroganoff Apricots Green Beans Jello	
	7	8	9	10	11	
	Pork Tender Fajitas Blueberries Beans, tomatoes, onions, peppers Apple Crisp	Beef Stew Banana Carrots, Onions, Celery, Peas, diced potatoes	Chicken Fried Steak Mixed fruit Green beans Mashed Tatars & Gravy, Roll Cinnamon Roll	Creamy Garlic Fish Kiwi Zucchini Rice Pilaf Garlic bread	Turkey Noodle Casserole Plums Peas & Carrots Biscuits Peanut butter cookies	
	14	15	16	17	18	
	Chicken Alfredo Peaches Cali Blend Breadsticks Rice Krispy Treat	Ham and Beans Raisins Celery, Celery Peas, Carrots Cornbread	Swiss Steak Honey Dew Brussel Sprouts Au gratin Potatoes Blueberry Cheesecake	Turkey Shepard's Pie Pears Corn, Peas, Onion Mashed Potatoes	Tuna Fish Sandwich Grapes Carrot & Celery Sticks Chips, Pudding	
	21	22	23	24	25	
	Hamburgers Apple Tomatoes, Onions, Lettuce JoJo's Pop Tarts	Chicken Nuggets Pineapple Broccoli Salad Fries	Cold Turkey Sandwich Berry Mix Lettuce, Tomato, Onion, Chips	Sweet & Sour Pork Over Rice Mandarin Oranges Mixed Veggies Chocolate Cake	Kielbasa Mac & Cheese Kiwi Chateau Veggies Icecream	
	28	29	30	31		
	Lemon Pepper Fish Fruit Cocktail Chalet Blend Scalloped Potatoes, Roll	Philly Cheesesteak Sandwich Grapefruit Carrot Sticks, Onions Tatar Tots Brownies	Salisbury Steak Strawberries Peas, Onions Au gratin Garlic Bread Jello	Chicken Hot Wings Apricots Baked Beans, Coleslaw Wedges Popcorn balls		



# October 2024

Community

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00a Roses Coffee 10:15a Fit & Fall Exercise 11:00a Ladies Coffee 11:00a Idaho Falls Power Presentation 12:00p Double deck Pinochle	2 10:15a Bingo 12:30p Pinochle  <b>10:00a Roses Coffee Group</b>	3 10:00a Woodcarvers 10:15a Fit & Fall Exercise 11:00a Ladies Coffee 11:30a Scams Targeting Seniors	4 10:00a Beading 10:00a Rose's Coffee Group 6:00p Bingo doors open at 4pm	5 4:30p Bingo. Doors open at 4:30pm Bingo starts at 6pm
7 10:00a MahJongg/ DS 10:00a Rose's Coffee Group	8 10:00a Roses Coffee 10:00a From Head to Feet Free Health Clinic 10:15a Fit & Fall Exercise 11:00a Ladies Coffee 12:00p Double deck Pinochle	9 10:15a Bingo 12:30p Pinochle  <b>10:00a Roses Coffee Group</b>	10 10:00a Woodcarvers 10:15a Fit & Fall Exercise 11:00a Ladies Coffee	11 10:00a Beading 10:00a Rose's Coffee Group 6:00p Bingo doors open at 4pm	12 4:30p Bingo. Doors open at 4:30pm Bingo starts at 6pm
14 10:00a MahJongg/ DS 10:00a Rose's Coffee Group	15 10:00a Roses Coffee 10:15a Fit & Fall Exercise 11:00a Ladies Coffee 12:00p Double deck Pinochle 12:00p Bridge	16 10:15a Bingo 12:30p Pinochle  <b>10:00a Roses Coffee Group</b>	17 10:00a Woodcarvers 10:15a Fit & Fall Exercise 11:00a Ladies Coffee	18 10:00a Beading 10:00a Rose's Coffee Group 6:00p Bingo doors open at 4pm	19 4:30p Bingo. Doors open at 4:30pm Bingo starts at 6pm
21 10:00a MahJongg/ DS 10:00a Rose's Coffee Group	22 10:00a SCCC Ex Brd 10:00a Roses Coffee 10:15a Fit & Fall Exercise 10:30a SCCC Brd Mtg 11:00a Ladies Coffee 12:00p Double deck Pinochle	23 9:00a AARP/Driving Class 10:15a Bingo 12:30p Pinochle  <b>10:00a Roses Coffee Group</b>	24 10:00a Woodcarvers 10:15a Fit & Fall Exercise 11:00a Ladies Coffee	25 10:00a Beading 10:00a Rose's Coffee Group 6:00p Bingo doors open at 4pm	26 4:30p Bingo. Doors open at 4:30pm Bingo starts at 6pm
28 10:00a MahJongg/ DS 10:00a Rose's Coffee Group	29 10:00a Roses Coffee 10:15a Fit & Fall Exercise 11:00a Ladies Coffee 12:00p Double deck Pinochle 12:00p Bridge	30 10:15a Bingo 12:30p Pinochle  <b>10:00a Roses Coffee Group</b>	31 10:00a Woodcarvers 10:15a Fit & Fall Exercise 11:00a Ladies Coffee		

The hours are 10AM to 2PM Monday, Thursday, & Friday. 10AM to 4PM on Tuesday & Wednesday. The doors will not open until 10AM. No one will be allowed in the building before or after these hours.

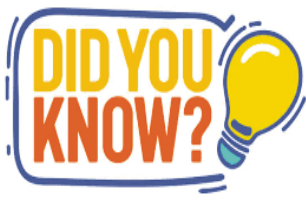
Thank you and enjoy the Senior Community Center!

All of the programs in the Center are run by volunteers  
At times the Volunteer may need to cancel the program.

Thank you in advance for your understanding.  
Visit our Facebook page for latest Center activities.  
See more info At IFSGCC.ORG

**If you would like to start a program call 208) 522-4357 and we will give you the available times and spaces that are open. You will be responsible to gather your own participants to play the games or come to programs.**





## Answers to Trivia on Page 7

1. 1955
2. Sir Edmund Hillary
3. Dwight D Eisenhower
4. The Price is Right

**You don't stop laughing when you grow old, you grow old when you stop laughing. George Bernard Shaw**

\*\*\*

**I'm not old—I've just been doing this for a very long time.**

\*\*\*

**Count your age by friends, count your life by smiles.**

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## YOUR BOARD OF DIRECTORS

Karl Casperson Bonneville County Sheriff Office Chair		
Chanse Powell	Senior Solutions	Vice Chair
		Treasurer
Linda DeLia	Retired	Secretary
Kathleen Keyes	Member of PEO	
Carmen Ramos	Fairwinds Retirement	
Mary Ledezma	Retired	
Shane Simmons	Old Faithful Beverage CO	

-----Non Voting Members-----

Jim Frances	Mayor's Office Liaison
Sarah Ryner	Executive Director
	Associate Director

The Board meets on the 4th Tuesday of each month, from 10:30 AM to 11:55 AM

All meetings are open to the public

**If you would like to join the board please come to the office and fill out an application.**

**All are welcome. Thank you**

### Caregivers Nook

EICAP Caregivers Support Group

A support group for individuals who are caring for loved ones and are in need of information, resources, and support. We cover a wide range of topics such as Safety, Health & Fitness, Self care, Family relationships, Daily care, Respite, Grief & End of life. We meet on the 1st & 3rd Tuesday of the month, from: 12:00-1:30 at EICAP [935 E. Lincoln Rd.](#) I.F. 208-522-5370 ext-203 Jodi (call for zoom information)

**See you there.....**

Idaho Falls Senior Citizens' Community Center  
535 west 21st street  
**PRESENTS**

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**SENIOR  
ACTIVITY CENTER**

**COMMUNITY  
BINGO**

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payout

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**Doors open at 4:30 pm**

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STARTS AT 9:45AM - 16 games for as little as \$3.50

- \* **FOR EVERYONE - Not just for seniors**
- \* **Must be 18 years old or older to play**
- \* **Win CASH**

**WE ARE A SMOKE-FREE  
AND ALCOHOL-FREE ENVIRONMENT  
AND A NON-PROFIT ORGANIZATION**

### Eastern Idaho Area Agency on Aging: Information & Assistance

The Information and Assistance Program, within the Area Agency on Aging, bring people and services together. Information and Assistance provides current information on services available in the communities, links people to opportunities that are available, and provides follow-up to ensure people receive the services needed. Think of it as a local resource hub for everything senior. Call us to be connected to programs and services that you may need at (208) 522-5391



# 6 Ways to Eat Well as You Get Older



1

## Know what a healthy plate looks like

See how to build a healthy plate at [ChooseMyPlate.gov](http://ChooseMyPlate.gov)



2

## Look for important nutrients

Eat enough protein, dietary fiber, potassium, calcium, Vitamin D, and Vitamin B12.



3

## Read nutrition labels

Be a smart shopper! Find items that are lower in fat, added sugars, and sodium.



4

## Use recommended servings

Learn the daily servings that are right for you at [www.myplate.gov/myplate-plan](http://www.myplate.gov/myplate-plan)



5

## Stay hydrated

Water is an important nutrient, too! Drink fluids consistently throughout the day.



6

## Stretch your food budget

Get help paying for healthy food at [BenefitsCheckUp.org](http://BenefitsCheckUp.org)

## JUST A REMINDER

When you participate in an activity here at the Center, please sign the Sign-In Sheet provided. Most of the grants we apply for require information about how well the Center is being used. It will help the Center, and only take a few seconds.

Thanks.....  
your Board of Directors

### Eastern Idaho Area Agency on Aging: Help with Medicare Costs

Under a grant project, the Area Agency on Aging provides outreach for federal and state Medicare subsidy programs. If you struggle paying for your Medicare healthcare costs, call your Area Agency on Aging, at (208) 522-5391, to learn more about your options, including the Medicare Savings Programs and “Extra Help”. The Medicare Savings Programs are state programs, through Health & Welfare, that help pay for some Medicare Part A (hospital) and Part B (medical) costs. “Extra Help” is a federal program, through Social Security, that helps with Medicare PartD prescription drug costs. These programs offer varying amounts of assistance that you can qualify for depending on your income and assets.

NAME \_\_\_\_\_



# HALLOWEEN WORD SEARCH



T R V C A N D Y N I E T S N E K N A R F  
 Q X Y E P U F Q S B D G S D B D C E T V  
 L G K X S V A Y B D B H B E B O B P R K  
 S P I D E R O T A U Q B K M S Z F K R A  
 E U N I G H T N H J C D O T L O K V U Z  
 R M E Y T C T D D E T N U A H L Z E P Y  
 R P E H R R Z M U E S M V P H I H O X K  
 H K T R C V I S M T E R Y O E O N B F O  
 G I S X V T K C E S E G X M T Q B I K O  
 B N F T E X I R K B E V Z R O M S R P P  
 S T S O H G W W O E C G E E F I O B L S  
 E F O K M G L T W C X A Q G W O I O N K  
 X N U H F I C V H U T O F Q B Q P R B A  
 X C L U U O H U Y G E A W W M P W V N P

- |              |         |          |
|--------------|---------|----------|
| MONSTER      | CANDY   | COSTUMES |
| FRANKENSTEIN | PUMPKIN | TREAT    |
| BOO          | SPOOKY  | NIGHT    |
| GHOSTS       | WITCH   | SPIDER   |
| HAUNTED      | TRICK   | OCTOBER  |



### Grandparents Corner

#### EICAP GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

A support group for individuals who are in need of information, resources and support regarding a variety of issues including: medical, legal, behavior and school issues. They meet on the **4th Tuesday of every month** from: **12:00pm – 1:30pm** at EICAP **935 E. Lincoln Road, IF, 83402, Phone: 208-522-5370 ext-203. (Call for Zoom Information)**

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FYI

*During the month of August your capable **KITCHEN AND DELIVERY PERSONNEL** served **303 meals** at the center, produced and Delivered **5,120 meals** to home-bound seniors and disabled adults through our **Meals On Wheels** program (Total meals: 5,423)*



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- Dementia care
- Post-surgical care
- Pet care
- Assist with ADL's
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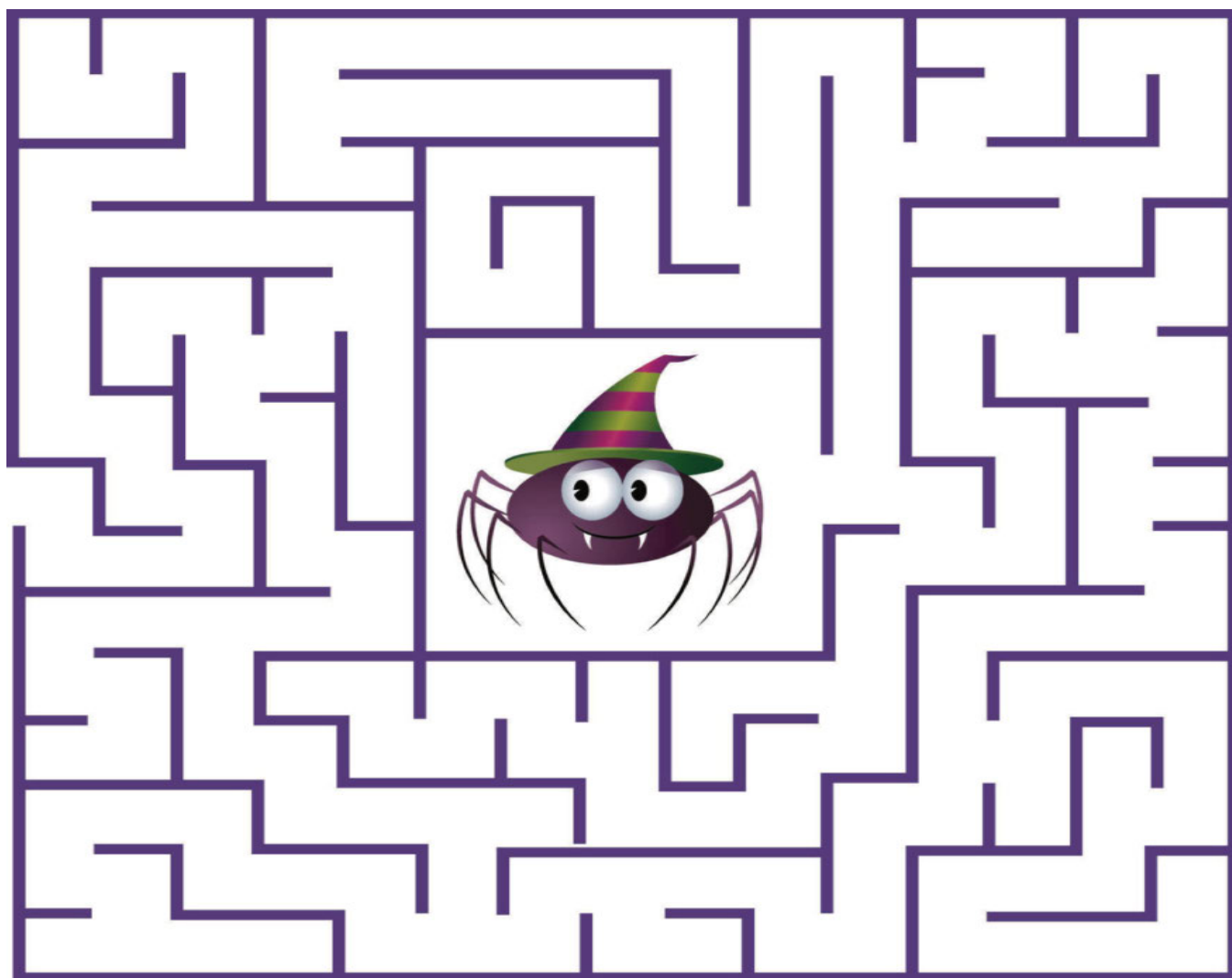
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### **Medicare Information**



- To learn about Medicare eligibility or to apply, visit [www.ssa.gov/medicare/mediinfo.html](http://www.ssa.gov/medicare/mediinfo.html) or call Social Security at **1-800-772-1213** (TTY **1-800-325-0778**).
- If you do not sign up for Medicare Part B (medical insurance) when you are first eligible, or if you cancel Part B and then get it later, you may have to pay a late enrollment penalty for as long as you have Part B.
- For questions about Medicare coverage and billing, visit [www.Medicare.gov](http://www.Medicare.gov) or call **1-800-MEDICARE (1-800-633-4227)** (TTY **1-877-486-2048**).
- The Extra Help program may help pay the costs of a Medicare Prescription Drug Plan for people with limited income and resources. Costs include premiums, deductibles, and co-payments. You can apply online at [www.ssa.gov/medicare/prescriptionhelp](http://www.ssa.gov/medicare/prescriptionhelp) or call Social Security at **1-800-772-1213** (TTY **1-800-325-0778**).
- The Medicare Savings Programs may help pay for Medicare premiums and other out-of-pocket costs for people with limited income and resources. You can start the application process when you apply for Extra Help or you can contact your State or local medical assistance (Medicaid) office.

**Eastern Idaho Area Agency on Aging: Senior Medicare Patrol**

**The Senior Medicare Patrol (SMP) program, under the Eastern Idaho Area Agency on Aging, helps Medicare and Medicaid beneficiaries avoid, detect, and prevent health care fraud, errors and abuse. SMP trained staff and volunteers provide free counseling and education to the community. Remember to protect your Medicare card and only share your Medicare number with your trusted healthcare provider. Check your statements and bills for inaccuracies such as services you didn't receive, double billing, or services not ordered by your doctor. If you ever have questions about your Medicare Summary Notice or other healthcare statements or bills, give us a call and our trained counselors can help. (208) 522-5391**

**Idaho Legal Aid**

[www.idaholegalaid.org](http://www.idaholegalaid.org)

A non-profit Idaho law firm and community education organization. Idaho Legal Aid Services offers a Senior Legal Hotline and a Domestic Violence Legal Advice Line for many qualifying Idaho citizens.

If you are a **senior (age 60 or older)** and you need help with a legal problem, have a question you think a lawyer should answer, or have been sued and don't know where to turn, call our **Senior Legal Hotline:**

(866) 345-0106 or Español (866) 954-2591 (toll free); (208) 345-0106 (Boise calling area)

**Hours of Operation:** Monday - Friday\* 9:00 AM - 3:00 PM (MST) *\*Excluding holidays and other office Closures.*

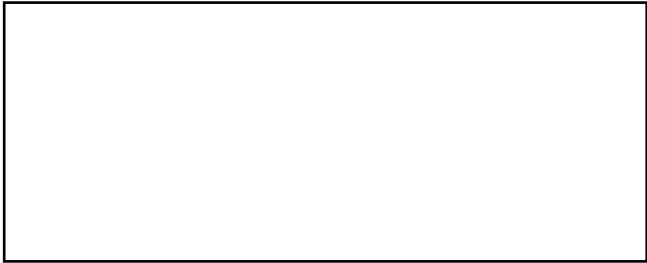
<b>PROGRAM DONATIONS FROM CENTER FOR THE MONTH OF .....August</b>	
Beading	\$36
Bingo / Wed, Fri, Saturday	\$4,452.99
Beading -(Beverage)	\$11
Bridge	\$11
Bridge—(Bev Only: Both)	\$0
Double Deck Pinochle	\$0
Double Deck Pinochle (Bev.)	\$0
Fit & Fall Exercise	\$151
Pool	\$6
Woodcarvers	\$26
Mah-Jongg	\$0
Pinochle	\$56
Pinochle (Bev Only)	\$22
Rose's Gentlemen's Group	\$145.15
Ladies Morning Coffee	\$71
Congregate lunch (Beverage only)	\$0.0
Tai Chi	
<b>Total</b>	<b>\$4,988.14</b>



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**SCCC COMUNICATOR**  
Senior Citizen's Community Center, Inc.  
535 West 21st Street  
Idaho Falls ID 83402-4528  
DATED MATERIAL—PLEASE DON'T DELAY  
RETURN SERVICE REQUESTED

Non-Profit Organization  
U S POSTAGE PAID  
Idaho Falls, ID 83401  
Permit #155



**The Senior Citizen Activity  
Center, Inc.**  
Is a United Way Agency. Thanks to you, it continues to work for all of us!

